

Scientific Connections, Neuroart and Well-being Journal: Openness and Perspectives

Revista Conexiones Científicas, Neuroarte y Bienestar: apertura y perspectivas

Conexões Científicas, Neuroarte e Revista Bem-Estar: Abertura e Perspectivas

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It is with great enthusiasm that we present the first volume of Conexiones Científicas, Neuroarte y Bienestar (Scientific Connections, Neuroart, and Well-being), a journal conceived as a space for dialogue, encounter, and openness to new ways of understanding science, art, and human well-being. It was born out of the conviction that knowledge takes on its greatest meaning when it is shared and transformed into action, when it raises questions and calls for the creation of answers that are not limited to a specific discipline, but are enriched by multiple insights.

This project comes at a time when humanity is seeking to redefine how it relates to itself and its environment. Holistic well-being can no longer be understood solely from a biomedical perspective, but rather from a vision that recognizes the importance of aesthetic experience, creativity, mental and physical health, as well as social and environmental interconnections. Our magazine aims to bridge these dimensions, bringing together scientific research, neuroart, and critical reflection in a same editorial language.



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In this first edition, we bring together original articles, creative essays, and interdisciplinary contributions that engage in dialogue between the medical sciences, education, integrative therapies, and the humanities. Each text is an invitation to explore new ways of thinking about science and humanity, to rethink the artificial boundaries between reason and sensitivity, and to develop visions of well-being that harmonize knowledge, art, and everyday life.

Our aspiration as an editorial team is for Scientific Connections, Neuroart, and Well-being to be more than just a periodical publication: we want it to become an intellectual and creative community that inspires those who research, teach, practice therapies, create art, or simply seek new paths to a more fulfilling life.

We are deeply grateful to those who have placed their trust in this endeavor: authors, readers, reviewers, and contributors who have made the publication of this first volume possible. May each published page be an opportunity to renew our commitment to rigorous research, sensitive innovation, and the joint construction of a paradigm of comprehensive and transformative well-being.

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CONFLICTS OF INTEREST

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